



# Arizona Society of Gastroenterology Nurses and Associates

March 2007

## President's Corner

Carol Kirby, BSN, RN

This year is starting off fast and furious! We had our first educational meeting on January 31<sup>st</sup> at North Valley Endoscopy Center. It was a great success and we thank Liz Weaver and her staff for their time and efforts in organizing the event.

The Board is committed again this year to promoting Colon Cancer Awareness. We would like to hear about your ideas for educating the public regarding this preventable disease. Please share with a Board member any sites and speakers for community educational

events. Everyday we see the tragic consequences of this disease and I hope you will take advantage of every opportunity to educate those around you.

Another goal for our region in 2007 is to increase membership and participation. Our newsletter is scheduled for quarterly mailings, and we are updating our email list and website. With numerous new hospitals and ambulatory endoscopy centers popping up in our state, we are challenged with revising our facility contact list. Many new nurses and technicians are

being hired into these positions and we would like to assist them in their development in the GI field. Please share information regarding SGNA with others and encourage them to contact a Board member.

We have many events planned for the coming year and I look forward to seeing and hearing from you.

Carol Kirby, ASGNA  
President – 2007

480-201-4309 or  
[carolkirby@yahoo.com](mailto:carolkirby@yahoo.com)

## Board Members

PRESIDENT  
**Carol Kirkby**  
480-940-7853  
[carolkirby@yahoo.com](mailto:carolkirby@yahoo.com)

PRESIDENT ELECT  
**Cheryl Phillips**  
480-345-9727  
[cphillips@cae-pe.com](mailto:cphillips@cae-pe.com)

SECRETARY  
**Colleen Snyder**  
480-730-0369  
[cas1228@cox.net](mailto:cas1228@cox.net)

TREASURER  
**Danette Musil**  
480-301-6253  
[Musil.danette@mayo.edu](mailto:Musil.danette@mayo.edu)

HOSPITALITY CO-CHAIR  
**Sharon Metzler**  
602-280-8969  
[sharonlm@fastq.com](mailto:sharonlm@fastq.com)

HOSPITALITY CO-CHAIR  
**Elaine Hillebrand**  
602-266-5678  
[emhina@excite.com](mailto:emhina@excite.com)

EDUCATION CO-CHAIR  
**Linda Dupree**  
480-323-3893  
[linda.dupree@cox.net](mailto:linda.dupree@cox.net)

EDUCATION CO-CHAIR  
**Karen Connick**  
480-675-4838  
[kconnick@shc.org](mailto:kconnick@shc.org)

NEWSLETTER  
**Linda Waterson**  
623-876-3841  
[scopenurse@aol.com](mailto:scopenurse@aol.com)

PAST PRESIDENT  
**Donna Conroy**  
480-301-6383  
[conroy.donna@mayo.edu](mailto:conroy.donna@mayo.edu)

## Upcoming Events

**March 28, 2007** – GI Nurse Day – Dinner & Educational Meeting.  
Join us at Scottsdale Shea Conference Center for dinner and an educational offering at 6:00 p.m.

**May 18-23, 2007** – SGNA National Meeting – Baltimore, Maryland

**July 21, 2007** – ASGNA Educational Meeting – Tucson, Arizona – Location TBD

**October 13, 2007** – ASGNA Annual Fall Conference – Location TBD



## March is Colon Cancer Awareness Month

Colorectal cancer rates have been decreasing in recent years due to education and screening colonoscopies. Let's continue educating to help continue the rate decrease.

The Buddy Bracelet has been made to help make the community more aware of the importance of a screening colonoscopy & passing this message on to a family member or friend. *The Buddy Bracelet* and its message "Wear It, Share It, Because You Care!" reminds an individual to get screened for colorectal cancer and serves as the main outreach activity for National Colorectal Can-

cer Awareness Month. *The Buddy Bracelet* was first conceived by **Mary Bakke** of Advocates for Colorectal Cancer, a colorectal cancer survivor group in Minneapolis, Minn.

*The Buddy Bracelet* should be worn with pride to remind you to get screened for colorectal cancer. After you get screened for colorectal cancer, you can give your *Buddy Bracelet* to a family member, friend or colleague, along with the powerful message: *Talk to your health care professional about colorectal cancer.* Your bracelet will then be passed

along from that person to another and another - creating a chain reaction that could save thousands of lives. All across the country, over 400,000 people just like you are spreading the word that colorectal cancer is *preventable, treatable* and *beatable!*

**Remember: Wear it. Share it. Because you care!**

ASGNA will be mailing Buddy Bracelets to facilities. So please contact or e-mail a Board member with your facilities name & address along with a contact person.

# GI Nurses Day - March 28, 2007

## Scholarships Available Through SGNA

**SGNA Novice Nurse/Associate Scholarship** has been established to financially assist newer SGNA members (less than 2 yrs of membership) with attendance at their first SGNA Annual Course.

**SGNA RN General Education Scholarship** is for someone working towards becoming an RN.

**SGNA RN Advancing Education Scholarship**

**SGNA Research Grants**

Check the SGNA website for full details and scholarship applications. [www.sgna.org](http://www.sgna.org)

## Let Us Know . . .

*about your GI/Endoscopy Center*

We would like to highlight and learn about the various centers around the state. Please submit information regarding a synopsis of your center, staffing, number of procedures, facility flow, any cost saving initiatives you have started & any other information you would like us to know about your center.

*about you or a co-worker*

We would like to highlight individuals working in the GI field. Please submit information about yourself or a co-worker who you would like the rest of the ASGNA family to know more about. E-mail all information to Linda Waterson at [scopenurse@aol.com](mailto:scopenurse@aol.com).

## Annual Income & Expense Summary Report

**Fiscal Period: January 1, 2006 to December 31, 2006**

Beginning Back Balances (01/01/06)  
\$22,153.44

Income: Dues: \$2,130.00  
Educational Meetings: \$23,520.00  
Total Income: \$25,650.00

Expenses: Committees: \$978.07  
Educational Meetings \$15,754.76  
Printing & Postage \$566.89  
Other Expenses: \$1,157.80  
Total Expenses: \$18,457.52  
Ending Balance: \$29,345.92

*Submitted by Danette Musil, Treasurer*





# Staffing Your Endoscopy Suite

## POSITION STATEMENT from SGNA Minimum Registered Nurse Staffing for Patient Care in the Gastrointestinal Endoscopy Unit Disclaimer

*The Society of Gastroenterology Nurses and Associates, Inc. (SGNA) assumes no responsibility for the practices or recommendations of any member or other practitioner, or for the policies and procedures of any practice setting. Nurses and associates function within the limitations of licensure, state nurse practice act, and/or institutional policy.*

### Definitions

For the purpose of this document, SGNA has adopted the following definitions:

Staffing refers to the registered nurse staffing pattern in the gastrointestinal endoscopy unit.

Patient Care in the Gastrointestinal Endoscopy Unit refers to the pre-procedure, intra-procedure, and post-procedure care of the patient undergoing gastrointestinal endoscopy, regardless of the setting.

Nurse refers to registered nurse (RN), licensed practical nurse (LPN), or licensed vocational nurse (LVN).

### Minimum Staffing Requirements

In consideration of the circumstances and conditions surrounding patient safety and adequate nursing staff in the gastrointestinal endoscopy setting, SGNA supports the position that whenever a gastrointestinal endoscopy procedure is performed, the minimum registered nurse staffing pattern is as follows:

1. One RN in the pre-procedure area to perform patient assessment prior to IV sedation and analgesia.
2. One RN in each procedure room to assess and monitor the patient

during IV sedation and analgesia.

3. One RN in the post-procedure area to perform patient assessment during recovery from IV sedation and analgesia.

Under special circumstances, additional personnel may be required to participate in procedures. The level of additional personnel will be dictated by the institutional policy and the specific needs required by the procedure. SGNA also recommends that:

1. One registered nurse and at least one other member of the endoscopy team attend those procedures that are complicated either by the severity of the patients' illness or the complex technical requirements associated with the advanced diagnostic and therapeutic procedures.

2. One registered nurse and at least one other member of the endoscopy team attend procedures performed on pediatric patients due to the unpredictable response of this population to sedative and analgesic medications (James, Aswill, & Droske, 2002).

### Ongoing Research & Legislation

SGNA supports ongoing research to determine appropriate registered nurse staffing patterns in order to sustain high quality patient outcomes.

SGNA supports state and federal legislation requiring the collection and reporting of nursing quality indicators to monitor the effects of staffing (ANA, 1999).

### References

American Nurses Association. (1999). Principles for Nurse Staffing. Retrieved March 30, 2005, from <http://nursingworld.org/readroom/stffprnc.htm>

Association of periOperative Registered Nurses. (2001). Nurse to patient ratios. [Position Statement]. Denver, CO: Author.

Foster, F. (2000). Conscious sedation... coming to a unit near you. *Nursing Management*, 31(4), 45-51.

James, J. W., Aswill, J. W., & Droske, S. C. (2002). *Nursing Care of Children* (2nd ed.). Philadelphia: Saunders.

Kowalski, T., Edmundowicz, S., & Vacante, N. (2004). Endoscopy unit form and function. *Gastrointestinal Endoscopy Clinics of North America*, 14, 657-666.

McMillin, D. F. (2002). Staffing and scheduling in the endoscopy center. *Gastrointestinal Endoscopy*, 12(2), 285-296.

### Recommended Reading

American Academy of Pediatrics. (1992). Guidelines for monitoring an management of pediatric patients during and after sedation for diagnostic and therapeutic procedures. *Pediatrics*, 89(6), 1110-1115.

American Society of Anesthesiologists. (2001). Updated practice guidelines for sedation and analgesia by non-anesthesiologists. [Guideline Document]. Park Ridge, IL: Author.

Kost, M. (1999). Conscious sedation: Guarding your patient against complications. *Nursing*, 29(4), 34-39.

Adopted by SGNA Board of Directors, May 2002  
Revised January 2005



# Arizona SGNA

Linda Waterson, RN, CGRN  
8627 W. Willow Ave  
Peoria, AZ 85381  
E-mail: scopenurse@aol.com



IMS, the InstrumentReady Company™  
is proud to sponsor the Arizona SGNA  
newsletter and website.

## SGNA Practice Committee 2005 - 06

- Susan Bohlander, BSN, RN, CGRN, Chairperson  
Cynthia M. Friis, MEd, RN-BC  
Donna Girard, BSN, RN, CGRN  
Anne Scroggs, MSN, APRN-BC  
LeaRae Herron-Rice, BSN, RN, CGRN  
Loralee Kelsey, RN, CGRN  
Carol Kraai, MSN, RN, CGRN  
Lisa D. Miller, LPN, CGN  
Cindy Taylor, MSA, BSN, RN, CGRN  
Trina Van Guilder, BSN, RN, CGRN



**SGNA 34th Annual Educational Course**  
May 18-23, 2007  
Baltimore, Maryland  
Course Title: "SGNA Charting a Course for Professional"  
Register now for early bird rates.  
Hotel rooms are going fast.

**January ASGNA Educational Meeting**  
We would like to thank Liz Weaver and her staff at North Valley Endoscopy for hosting the January 31, 2007 educational meeting. Dr. Blair Rueben, Pinnacle Pathologists, spoke on Eosinophilic Esophagitis & Barrett's Esophagus. Also speaking was Norma Gleason, Pharmacist, John C. Lincoln Deer Valley, on today's bowel preps for colonoscopies.

**Arizona - Southwest Chapter Crohns & Colitis Foundation Guts & Glory Walks 2007**  
8098 Via de Negocio, Suite 201  
Scottsdale, AZ 85258  
(602) 571-5871  
Join hundreds of people expected to participate in the Guts & Glory Walks in 2007. Your participation will help us raise greatly needed funds to improve research and educational programs for the more than one million children and adults suffering from Crohn's disease and ulcerative colitis.  
**Sunday, April 22, 2007 Reid Park -Tucson, AZ**

**Diagnostic and Therapeutic Techniques in Endoscopy - A Symposium for GI Nurses and Associates**  
June 21-22, 2007  
Caesars Palace  
Las Vegas, Nevada  
For more information visit the website: [www.hopkinscme.net](http://www.hopkinscme.net)

